

BODY ARMOUR MEASUREMENT GUIDE

NAME			
COMPANY/DEPT			
Contact number			
Contact email			
Measured by		Date:	
Height	ft/inches	CM	
Weight	Stone/lbs	KG	
Will your body armour be worn?	Mainly standing	Mainly sitting while driving	

Please note in order to determine the best size vest for you it is important that you follow this guidance.

- Best to measure using a cloth measuring tape
- Please use inches and round up to the nearest inch
- Ideally have another person or the same person measure you / your team to ensure accuracy
- Note your height, weight and whether you are mainly sitting or standing while wearing
- Covert armour – please measure over a base layer / undergarment
- Overt armour – please measure while wearing your uniform and/or the clothing you will wear when wearing the body armour

Please consider the following when measuring for your body armour.

Front length – the armour is designed to cover your vital organs, not your entire torso, this is why we ask you to measure to your tummy button (point D) so that the vest is not too long. If the vest is too long, it will push up into your neck when bending or sitting and cause discomfort.

Side Coverage – to provide almost wrap around maximum protection the front and back panels should be close enough to touch but not overlap.

Bespoke Made to Measure armour – in some cases a made to measure vest may be recommended based on your measurements / height provided. This carries a surcharge of £50 each.

A = CHEST / BUST – Stand up straight, breath in and hold your breath while you keep the tape snugly around chest/bust at nipple height

B = STOMACH – Do not measure your trouser/ waistband area. This needs to be taken at navel height, take both seated and standing and note the highest number.

C = Shoulder to stomach – Stand up straight, measure from the nape of the neck to navel

D = Sternum to stomach - while seated in a relaxed position find your sternum just in the centre of your collarbone measure straight down to your navel / tummy button.

A – CHEST / BUST (at fullest point)	
B – STOMACH	
C – Shoulder-stomach length	
D – Sternum to stomach length	

